

HEALTHY LIFESTYLES 3.0

PROMOTING SOCIAL EMOTIONAL LEARNING & CANNABIS EDUCATION FOR YOUTH

EMPOWERING YOUTH

Healthy Lifestyles empowers youth to thrive in a post-legalized world by giving them the information and skills to make positive decisions — for themselves.

SOCIAL EMOTIONAL LEARNING

- Making positive decisions
- Reflecting on one's personal identities
- Considering one's best future
- Remaining consistent with one's values
- Building healthy relationships
- Evaluating evidence



E-LEARNING SIMULATION

Learners take part in a 9-level simulation where they learn about healthy choices and personal responsibility while exploring the outdoors.

- A flexible curriculum that is self-paced or can augment in-class instruction
- Students learn social emotional skills while engaging in virtual Outdoors Simulation
- Lessons provide relevant and engaging activities
- Activities and assessments can be integrated into any Learning Management System (LMS).



**EMPOWERING YOUTH
WITH KNOWLEDGE.**



PROGRAM FEATURES:

- 9 Levels / Adventures
- Over 270 custom activities
- Diverse Characters/Heroes
- Social Emotional Learning
- Holistic and real world integration
- Outdoor Education
- Game-like experience
- Immersive Scenarios
- Logical Narratives
- Contextual Feedback
- Routines & Repeated Reinforcement

START ADVENTURE

